

Residents Having Fun!



Our Community Newsletter

Discover what's going on in your neck of the woods.

Lets Celebrate!

Resident Birthdays

5/8 Ethel-Raye
5/13 Anne O
5/16 Kristi H.
5/18 Stephen R.
5/24 Bonnie B
5/26 Sandy K
5/26 Lori M
5/28 Mary L
5/30 Myrtle S

Interesting Facts About May

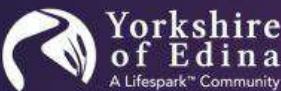
- May is a time of beginnings and fertility.
- May was once considered an incredibly ill-omened time to get married. There's an adage for it actually, which goes: "Marry in May and you'll rue the day."
- There's the Cornish superstition that buying a new broom in May is unlucky.
- May the 4th is celebrated as Star Wars day, due to the way the date sounds similar to "May the Force."
- The Empire State Building opened its doors on May 1, 1931.
- May is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in May!

We welcome all of our new residents with big open arms. We are so excited to have you here and to get to know you.



Recent Move-ins:

Resident	Move-in	Room #
John A.	4/26/23	314
Scott D	4/7/23	330
Lorraine H.	5/1/23	400
Susan K	4/11/23	404
Judy R.	4/4/23	422
Lynette A.	4/18/23	426



Legacy Court Memory Care



Life Made Easier With Specialized Care & Support

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Executive Director:

I'm excited to be joining Yorkshire of Edina! I've been working for Ebenezer Management Services in various roles over the last 6 1/2 years, most recently serving as an Executive Director at a large community in St. Paul. I've worked at multiple Ebenezer sites training and helping with transitions and acquisitions. I've been working in senior housing for 26 years. I truly enjoy getting to know new people.

My husband and I currently live in Le Sueur, MN. We grew up in Windom MN, I have 3 children and 1 grandson who will be 3 years old and 1 granddaughter who is 3 weeks old! When not at work, I enjoy being with my family, cooking, camping, traveling, and any other outdoor activity.

I'm thrilled to be joining the team here at Yorkshire of Edina. I'm excited for the opportunity to do what I love and an opportunity to make a difference each and every day. This is your home and I enter every day with a smile and a warm heart. I look forward to meeting you!

Director of Health Services

Happy Spring,

My name is Kelly Douglas. I am excited to start in the Director of Health Services role here at Yorkshire of Edina. I currently live in Gaylord MN but hopefully will be able to move closer to Edina by the time the snow flies again. My husband Nathan and I are empty nesters with three adult sons. Tyler who is 32 and currently living in California, Dillyn who is 30 and lives with us in Gaylord Mn (some of you may recognize him as one of the new home health aides here at Yorkshire) and Tanner who is 27 and lives in Hutchinson MN.

We are animal lovers and have two dogs, Gizmo a 13-year-old Papillion, and Gunther a 2-year-old Border Collie. We also are the proud owners of three cats (or maybe they own us, sometimes it is hard to tell) Molly who is also 13 years old, Earl who is two years old, and Lucy who is not quite a year old.

I have been a nurse for almost 26 years now. I started out in eldercare as an LPN working in a skilled nursing facility in rural MN. I have also spent some time as a clinic nurse and a home care nurse for fragile children. I went back to school about 6 years ago and received my BSN RN and have been working in an assisted living in Mankato MN.

I am excited to get to know each of you and assist with your health care needs. Please feel free to stop by the first-floor nursing station with any questions you may have or just to introduce yourself and say HI.

Marketing:

Legacy Court Memory Care Has Openings

Yorkshire of Edina is proud to have a Memory Care lifestyle package available for anyone who may need it. If you are looking to restore balance in your life, contact Nick to set up a tour. Phone # 612-430-8133 or e-mail: nick.campbell@twsl.com

Department Notes Continued

Director of Dining:

First topic, I like to first cover for May is returning of plates, cups, glasses, fork, knives, spoon, coffee cups, napkins, ramekins, anything that belongs to the dining room. We are runny very low on all those items. At this point if we can't even get half way through meal service before running out of these items. In the past year we have spent several thousands of dollars in supplies due to residents taking these items back to their rooms and not returning them. All these I item need to stay in the dining room. They must not remove from the dining room at any time. If you need to take something back to your room, please ask your server or the kitchen to get you to go containers or to go cups and plastic silverware. So, if anyone knows of a neighbor, a friend, a tablemate, please remind them to not take that cup, plate, napkin, silverware with them when the leave after eating. Thanks for any help you can provide to help reduce the lose of these items.

Secondly topic is the Spring /Summer menu will be starting on the Monday 08 May 2023. Hopefully you all are looking forward to a change of food items. Please keep the dietary team informed of any likes or dislikes as the new menu begins.

Third topic is the Spring BBQ is schedule for Wednesday 17 May 2023. We will be having items like hamburger, hotdogs, potato chips, Fresh fruit bowl, potato salad or coleslaw, sodas, and cherry or apple pie for dessert.

Thats about it from dietary for this month. Have a great month!

Community Life : Upcoming Special Events & Bus Outings

5/3: Target Bus Outing

5/4: Music Activity with Brad

5/10: Sip & Paint (canvas painting with an instructor)

5/11: Twins Game Bus Outing

5/17: Summer BBQ & Dollar Tree Bus Outing

5/18: (Memory Care Outing) Crumbl Cookie

5/24: Monthly Trivia - winner gets a pizza party

5/25: Trader Joes

5/31: Dairy Queen

Business Office:

I, Kevin Gast, have taken over the position of Business Office Manager role. Sophie Polski is no longer with Yorkshire of Edina. If there is any questions you would have gone to her for, you can now come to me

Just For Fun!



Resident Updates

Volunteer

Looking for residents to write for the resident column in the monthly newsletter. You can write about anything you want; your favorite vacation, about yourself, current events, etc. Please let Danielle (Community Life Director) know if you're interested.

Community News

We love our residents!

Veterans Wall

If you have not done so, please submit your picture to Danielle to be featured on our Veteran's Wall.

Random Fact

It is physically impossible for pigs to look up into the sky.

Russell's Reflection of the Month

Four Reasons Seniors Should Keep Socializing and Celebrating

1. *Socializing is essential to happiness*

A recent Harvard study tracked hundreds of people's happiness levels over the course of more than 80 years. The results showed that the happiest people weren't those with more money, success, or good looks. Instead, true happiness was a result of social wellbeing, community engagement, and having close relationships throughout their lives.

2. *It promotes a sense of belonging*

Seniors often fall victim to feelings of isolation and loneliness. These emotions have been proven to negatively affect mental and emotional wellbeing, which in turn can lead to physical decline. By celebrating special occasions with your elderly loved ones, they experience a sense of belonging, safety, love, and support. Even if you can't be there in person with your loved one, simply sending a card or making a phone call will remind them that they are loved and remembered.

3. *Special occasions encourage seniors to reflect*

Many seniors, especially those who struggle with memory decline, feel distanced from their past. Special occasions such as birthdays and anniversaries are the perfect time to look back on life and reflect on the many experiences and milestones that led to this point. This enables them to appreciate the meaningful life they've led and provided a sense of identity, self-worth, and confidence.

4. *It gives them something to look forward to*

The anticipation of an upcoming social event with friends and family can be almost as fulfilling as the event itself. When seniors know that they will soon be celebrating with their loved ones, it improves their mood and outlook on life.

Quote:

"You don't have a future when you refuse to accept the former generation. Simple." – Petra Hermans

Scripture Verse

Do not cast me off in the time of old age; forsake me not when my strength is spent Psalm (71:9)

Name: _____

Date: _____

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

BASEBALL

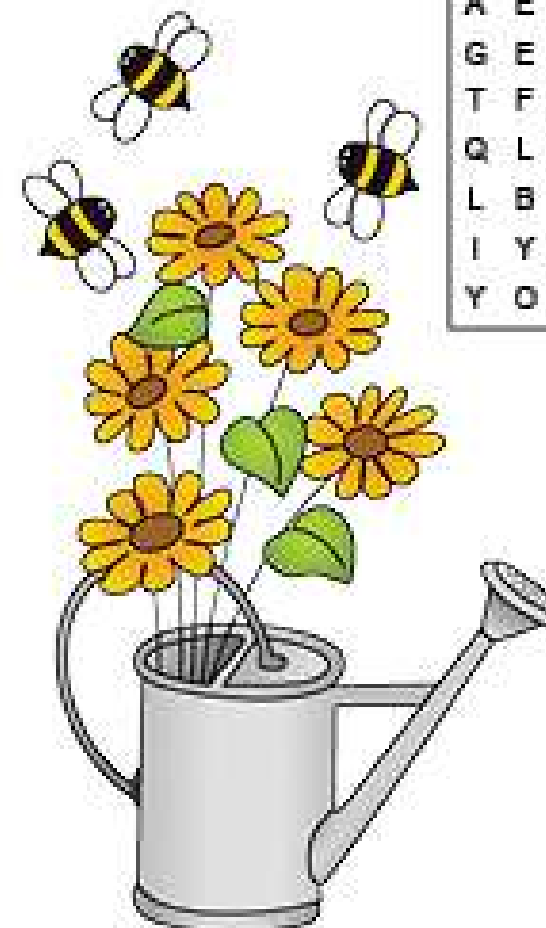
BLOSSOM

BUMBLEBEE

BUTTERFLY

CINCO DE MAYO

FLOWERS



Merry Month of May

Word Search



GARDEN

GEMINI

GREEN

LADYBUG

LAWN MOWER

MAYPOLE

MEMORIAL DAY

MOM

MOTHER'S DAY

PIÑATA

PLANT

SEEDS

SPRING

SUNSHINE

TAURUS

TEACHER