


# August 2024 - Assisted Living and Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4 4th Floor B Bistro C Community Room CR Community Room DR Dining Room F Front Desk P Patio W Wellness Room WR Wellness Room			10:00 Exercise: Bands by Buzz [CR] <b>1</b> 2:00 Live Virtual Programming [CR] 3:30 Resident Council [CR] 6:00 Rummikub [B]	2 10:00 Exercise: Combo Class by Buzz or Andy [CR] 10:35 Grip Games Practice - Resident Led [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Bobby & Christine (45 min) [B] 3:15 Monthly Birthday Party/Happy Hour [B] 6:00 Dominos Game [B]	3 10:30 Group Crossword: needs a volunteer [CR] 12:30 Rummikub Game [B] 2:30 Movie & Popcorn: We Bought a Zoo (Disney+) [CR]
10:00 Go for a Walk: resident led [P] <b>4</b> 1:30 Bingo: needs a volunteer to lead activity [WR] 6:00 Canasta Card Game [B]	5 10:00 Exercise: Weights [CR] 10:35 Grip Games Practice [CR] 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B]	6 10:00 Exercise: Bands [C] 1:00 Grip Games Competition [C] 2:00 Ice Cream Social by Housekeeping [B] 3:30 Manicures [B] 3:30 Kings in the Corner Card Game [B] 6:00 Canasta [B]	7 9:15 Fishing Trip: sign up at front desk 10:00 Exercise: Weights [CR] 10:35 Grip Games Practice [CR] 1:30 Piano Concert by Dave [B] 3:00 Chair Yoga [CR] 6:00 Kings in the Corner Card Game [B]	8 10:00 Exercise: Balance [CR] 10:00 Catholic Communion [WR] 3:30 Bingo [WR] 6:00 Rummikub [B]	9 10:00 Exercise: Combo Class (weights, balance, balls) [CR] 10:35 Grip Games Practice [CR] 10:45 Spiritual Activity [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Make it Mary [B] 3:00 Gerri & Alvin's 60th Anniversary Party/Happy Hour [B] 6:00 Dominos Game [B]	10 10:00 Giant Crossword [CR] 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: Miracle (Disney+) [CR]
11 10:00 Exercise with Lisa [CR] 1:30 Bingo [WR] 6:00 Canasta Card Game [B]	12 10:00 Exercise: Weights [CR] 10:35 Grip Games Practice [CR] 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B]	13 10:00 Exercise: Bands [C] 10:45 Worship Service [CR] 1:00 Grip Games Competition [C] 2:30 Manicures [B] 3:30 Kings in the Corner Card Game [B] 6:00 Canasta [B]	14 10:00 Exercise: Weights [CR] 10:35 Grip Games Practice [CR] 11:00 Twins Game: sign up at front desk 3:00 Chair Yoga [CR] 6:00 Kings in the Corner Card Game [B]	15 10:00 Exercise: Balance [CR] 10:45 Worship Service [CR] 2:30 Knitting Club [B] 3:30 Bingo [WR] 6:00 Rummikub [B]	16 10:00 Exercise: Combo Class (weights, balance, balls) [CR] 10:35 Grip Games Practice [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Joe [B] 3:00 Happy Hour [B] 6:00 Dominos Game [B]	17 10:00 Giant Crossword [CR] 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: [CR]

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10:00 Exercise with Suzie <b>18</b> [CR] 1:30 Bingo [WR] 6:00 Canasta Card Game [B]	10:00 Exercise: Weights <b>19</b> [CR] 10:35 Grip Games Practice [CR] 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B]	10:00 Marketing eveny by <b>20</b> L. Brown 10a-12p [WR] 10:00 Exercise: Bands [C] 10:15 Confession w/ Catholic Priest (4th Floor) [4] 10:30 Marketing Meeting [W] 10:45 Worship Service [CR] 10:45 Catholic Mass [4] 1:00 Grip Games Competition [C] 2:30 Chef Chat [DR] 3:30 Manicures [B] 3:30 Kings in the Corner Card Game [B] 6:00 Canasta [B]	10:00 Exercise: Weights <b>21</b> [CR] 10:35 Grip Games Practice [CR] 3:00 Chair Yoga [CR] 6:00 Kings in the Corner Card Game [B]	10:00 Exercise: <b>22</b> Balance [CR] 10:00 Catholic Communion [WR] 10:45 Worship Service [CR] 2:45 Centennial Lakes Farmers Market/Mini Golf: sign up at front desk 3:30 Bingo [WR] 6:00 Rummikub [B]	10:00 Exercise: Combo <b>23</b> Class (weights, balance, balls) [CR] 10:35 Grip Games Practice [CR] 10:45 Spiritual Activity [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Mark Stillman - Accordionist [B] 3:00 Happy Hour [B] 6:00 Dominos Game [B]	10:00 Giant Crossword <b>24</b> [CR] 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: [CR]
10:00 Exercise with Lisa <b>25</b> [CR] 1:30 Bingo [WR] 6:00 Canasta Card Game [B]	10:00 Exercise: Weights <b>26</b> [CR] 10:35 Grip Games Practice [CR] 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B]	10:00 Exercise: Bands <b>27</b> [C] 10:45 Worship Service [CR] 1:00 Grip Games Competition [C] 2:30 Manicures [B] 3:30 Kings in the Corner Card Game [B] 6:00 Canasta [B]	10:00 Exercise: Weights <b>28</b> [CR] 10:35 Grip Games Practice [CR] 1:30 Resident & Director Meeting [CR] 3:00 Chair Yoga [CR] 3:00 Monthly Trivia Game [B] 6:00 Kings in the Corner Card Game [B]	10:00 Exercise: <b>29</b> Balance [CR] 10:45 Worship Service [CR] 1:30 Target Outing: sign up at front desk 3:30 Bingo [WR] 6:00 Rummikub [B]	10:00 Exercise: Combo <b>30</b> Class (weights, balance, balls) [CR] 10:35 Grip Games Practice [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Simone & Richard [B] 3:00 Happy Hour [B] 6:00 Dominos Game [B]	10:00 Giant Crossword <b>31</b> [CR] 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: [CR]