

Nicki Rehnelt Executive Director



Lakia Gordon
Executive Director in
Training



Doris Parker
Director of Health Services



Lindsey Moore Nurse Manager



Danielle Madison Community Life Director



Ajibola Ola Memory Care Coordinator



Johnny Russell Chaplain



Christy Niemann

Director of Sales &

Marketing

Tia Spencer
Director of Housekeeping



Del Brelje Maintenance Director



Director of Culinary



Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

Resident Birthdays	Staff Birthdays	Move In Anniversary		New Residents Janis C. Aug	
9/3 Peter K.	9/13 Kedija K.	Jolene B.	Sept 2023		•
9/7 Ron L.	9/17 Charles N.	Marilee D.	Sept 2022		
9/9 Joyce L.	9/19 Elizabeth H.	Judy E.	Sept 2023		
9/25 Judy E.	9/19 Doris P.	Michael G.	Sept 2023		
9/30 Rose A.	9/21 Alieu	Greg G.	Sept 2022		
	9/25 Adjo	Reiko J.	Sept 2023		
	9/25 Lillian N.	Kathleen S.	Sept 2022		
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Aug 2024

Ahh, September has arrived. Days and nights are becoming cooler, and the school buses become the order of the day. September brings more comfortable outdoor activities. Enjoying the outside has its benefits of sunshine vitamin D that helps lift people's spirits with a feeling of wellbeing and happiness. It makes me happy to see families and friends visiting outside. I look forward to seeing more people out enjoying the outdoors. I've also been seeing people gathering to enjoy puzzles, and people gathering to play a card game in the bistro. I enjoy hearing and seeing how friendships are formed.

Create your happiness this month! It takes dedication to be aware of the little pleasures in life. Be grateful to have a sense of purpose. Spend time with a friend, write a thank you note, go on a walk, listen to your favorite music and sing along, give someone a word of encouragement and see how it makes you feel. "Age magnificently" Nothing should stop you from doing the things you love, being with the people you cherish, or living the way you want. Have a good September!!

Best Regards, Nicki Rehnelt

Chaplain's Corner by Russell

Reflection on Hope

Hope is powerful. It keeps us going when we may not feel like getting up in the morning. It can be the chief motivation behind change in our lives. Hope is compelling as it gives us the courage to do things we would never do otherwise.

Hope is an optimistic state of mind that is based on an expectation of positive outcomes. It is the feeling that keeps you going regardless of challenges. Hope is one of the most potent and powerful human virtues. It is the extraordinary strength which lies within each one of us that makes us human and allows us to see, believe and dream of a future which will be more beautiful than today.

When you believe in hope as a virtue, you can take heart that no matter how dark or scary your situation is, God is right in the middle of it providing a pathway of strength and comfort for you to be able to walk through anything.

We understand the importance of hope when it comes to our healing on an emotional, physical and spiritual level and how it can significantly improve our mental health and wellbeing. It not only reduces feelings of helplessness, boosts happiness, reduces stress and anxieties, and keeps you focused during times of adversity; it also keeps you grounded, and connected to life. Pray for hope, strength and courage during times of distress, difficulties and hardships.

Director of Health Services

What is the "Plan in a can"? When we call 911 in an emergency and the paramedics arrive, there are documents we're required to have ready for them, a POLST, medication list and list of diagnosis. POLST- stands for "Physician Order for Life Sustaining Treatment" in other words, your code status.

There are three copies of each documents for convenience. And, for uniformity and consistency, the plan in the can is placed in the upper shelf of your refrigerator door in assisted living apartments. For memory care, the can will be placed in the cabinet above the refrigerator in the resident's apartment. Thank you so very much for your cooperation and feel free to reach out to nursing if you have any questions.

Dining Department

We are excited to welcome Nick Lange, the new Dining Director to our team. He will start Sept 12th. We have also started buying new dishes and will launch them later this fall.

Sales & Marketing

Yorkshire of Edina's Fall Open House & Party: A Celebration to Remember! As the crisp autumn leaves begin to fall, Yorkshire of Edina is excited to invite you to our annual Fall Open House and Party! This much-anticipated event will be held on September 26th from 1p-4p and promises an afternoon of lively fun and community spirit. Join us for an unforgettable experience featuring the lively tunes of The Singing Hearts, renowned for their engaging Polka music. Whether you're a Polka enthusiast or new to the genre, their performance is sure to get your toes tapping and bring a smile to your face. Our Fall Open House will offer a delightful array of interactive entertainment, ensuring there's something for everyone. Enjoy delicious refreshments and a delectable assortment of food while mingling with friends and neighbors. We'll also have a variety of games and the chance to win exciting prizes, adding an extra layer of fun to the festivities. Stay tuned for more details in the coming weeks as we finalize the schedule and share additional information about this exciting event. We look forward to celebrating the season with you and making this Fall Open House a memorable occasion for all. Mark your calendars and get ready to join us for a day filled with joy, laughter, and community spirit at Yorkshire of Edina!

Community Life

Thank you everyone for donating and helping with our Garage & Bake Sale this month. All proceeds went to the Alzheimer's Association. We raised \$2,176.36! That's incredible! All items that are leftover we will be donating to a women's shelter in Fairbault, MN., Joseph's Coats (homeless shelter in the cities), and Hope Church in Blaine, MN.