


November 2024 - Independent Living and Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B Bistro C Community Room CR Community Room DR Dining Room H Hobby Room TV 4th Floor in TV/Soda Shop WR Wellness Room				10:00 Exercise: Combo Class (weights, balance, balls) [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Gary [B] 3:00 Happy Hour [B] 6:00 Dominos Game [B]	10:00 Giant Crossword [CR] 12:30 Rummikub Game [B] 2:00 Klara's 90th Bday Party & Live Music [B] 6:00 Kings in the Corner Card Game [B]
10:00 Exercise with Lisa [CR] 1:30 Bingo [WR]	10:00 Exercise: Weights [CR] 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B]	Election Day 10:00 Exercise with Lisa [CR] 1:00 Spark Challenge Deep Dive [CR] 2:15 Voting outing: sign-up at front desk 2:30 Communion Service by Chaplain Russell [C] 3:30 Watercolor painting [B] 6:00 Canasta [B]	10:00 Exercise: Bands [CR] 1:00 Spark Challenge Competition [CR] 2:00 Resident Council [CR] 6:00 Kings in the Corner Card Game [B]	10:00 Exercise: Balance [CR] 10:45 Bible Study [C] 2:00 Live Virtual Programming: Eleanor Roosevelt [CR] 3:30 Bingo [WR] 6:00 Rummikub [B]	10:00 Exercise: Combo Class (weights, balance, balls) [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Michael Larson [B] 3:00 Monthly Birthday Party/Happy Hour [B] 6:00 Dominos Game [B]	10:00 Giant Crossword [CR] 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: Grown Ups [CR] 6:00 Kings in the Corner Card Game [B]

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<p>10:00 Exercise 10 with Suzie [CR]</p> <p>1:30 Bingo [WR]</p>	<p>Veterans Day 11</p> <p>10:00 Exercise: Weights [CR]</p> <p>1:30 Bingo [WR]</p> <p>2:45 Veteran's Day Service [B]</p> <p>6:00 99 Card Game [B]</p> <p>7:00 Skipbo [B]</p>	<p>10:00 Exercise 12 with Lisa [CR]</p> <p>10:45 Grief Group [C]</p> <p>1:00 Spark Challenge Deep Dive [CR]</p> <p>2:15 Manicures [B]</p> <p>3:30 Painting Ceramic Turkeys [B]</p> <p>6:00 Canasta [B]</p>	<p>10:00 Exercise: 13 Bands [CR]</p> <p>1:00 Spark Challenge Competiti on [CR]</p> <p>2:30 Sip & Paint [H]</p> <p>6:00 Kings in the Corner Card Game [B]</p>	<p>10:00 Exercise: 14 Balance [CR]</p> <p>10:00 Catholic Communi on [WR]</p> <p>10:45 Spiritual Discussion [C]</p> <p>1:30 Trader Joes Outing: signup at front desk</p> <p>2:30 Tech For Seniors 2:30-4:30pm [WR]</p> <p>6:00 Rummikub [B]</p>	<p>10:00 Exercise: 15 Combo Class (weights, balance, balls) [CR]</p> <p>1:00 The Really Big Show [CR]</p> <p>2:30 Live Music: Joe [B]</p> <p>3:00 Happy Hour [B]</p> <p>6:00 Dominos Game [B]</p>	<p>10:00 Giant 16 Crosswor d [CR]</p> <p>12:30 Rummiku b Game [B]</p> <p>1:15 Trivia [B]</p> <p>2:30 Movie & Popcorn: Unbreakable [CR]</p> <p>6:00 Kings in the Corner Card Game [B]</p>
<p>10:00 Exercise 17 with Lisa [CR]</p> <p>1:30 Bingo [WR]</p>	<p>10:00 Exercise: 18 Weights [CR]</p> <p>11:00 Olive Garden Outing: signup at front desk</p> <p>1:30 Bingo [WR]</p> <p>2:45 Giant Crossword [CR]</p> <p>3:30 Manicures [B]</p> <p>6:00 99 Card Game [B]</p> <p>7:00 Skipbo [B]</p>	<p>10:00 Exercise 19 with Lisa [CR]</p> <p>10:45 Catholic Mass [TV]</p> <p>1:00 Spark Challenge Deep Dive [CR]</p> <p>2:30 Chef Chat [DR]</p> <p>3:30 Finish Painting Ceramic Turkeys or Watercolor Painting [B]</p> <p>6:00 Canasta [B]</p>	<p>10:00 Exercise: 20 Bands [CR]</p> <p>12:00 Lifespark Complete 12-1:30p m [C]</p> <p>1:00 Spark Challenge Competition [WR]</p> <p>2:00 Snacks from Housekeepin g [B]</p> <p>2:45 Karaoke [B]</p> <p>6:00 Kings in the Corner Card Game [B]</p>	<p>10:00 Exercise: 21 Balance [CR]</p> <p>10:45 Social Gathering [C]</p> <p>1:30 Knitting Club [B]</p> <p>2:30 Chair Yoga with Lisa [CR]</p> <p>3:30 Bingo [WR]</p> <p>6:00 Rummikub [B]</p>	<p>10:00 Exercise: 22 Combo Class (weights, balance, balls) [CR]</p> <p>1:00 The Really Big Show [CR]</p> <p>2:30 Live Music: Maxwell and Special Guest [B]</p> <p>3:00 Happy Hour [B]</p> <p>6:00 Dominos Game [B]</p>	<p>10:00 Giant 23 Crosswor d [CR]</p> <p>12:30 Rummiku b Game [B]</p> <p>1:15 Trivia [B]</p> <p>2:30 Movie & Popcorn: [CR]</p> <p>6:00 Kings in the Corner Card Game [B]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Exercise with Suzie [CR] 24	10:00 Exercise: Weights [CR] 25	10:00 Exercise with Lisa [CR] 26	10:00 Exercise: Bands [CR] 27	Thanksgiving Day 28	Day after Thanksgiving Day 29	10:00 Giant Crossword [CR] 30
1:30 Bingo [WR]	1:30 Bingo [WR]	10:45 Thanksgiving Service by Chaplain Russell [CR]	2:30 Resident & Director Meeting [CR]	10:0 Exercise: Balance [CR]	10:0 Exercise: Combo Class (weights, balance, balls) [CR]	12:30 Rummikub Game [B]
	2:45 Giant Crossword [CR]	1:30 Target outing; signup at front desk	3:00 Monthly Trivia Game [B]	10:1 Catholic Communion [WR]	1:00 The Really Big Show [CR]	1:15 Trivia [B]
	6:00 99 Card Game [B]	2:15 Manicures [B]	6:00 Kings in the Corner Card Game [B]	10:4 Panel Discussion/ Hymn Singing [CR]	2:30 Live Music: The Jupes (1 Hour) [B]	2:30 Movie & Popcorn: [CR]
	7:00 Skipbo [B]	3:30 Watercolor painting [B]		2:30 Chair Yoga with Lisa [CR]	3:00 Happy Hour [B]	6:00 Kings in the Corner Card Game [B]
		6:00 Canasta [B]		3:30 Bingo [WR]	3:30 Happy Hour [B]	
				6:00 Rummikub [B]	6:00 Dominos Game [B]	