Your Leadership Staff





Jason Hagemeyer **Executive Director** 



**Lakia Gordon Executive Director in Training** 

**Christy Niemann** 

**Director of Sales &** 

Marketing



**Coming Soon Director of Health Services** 



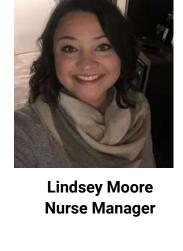
**Leah Bowen Assistant Director of Health Services** 



**Danielle Madison Community Life Director** 



Ajibola Ola **Memory Care Coordinator** 





**Johnny Russell Coming Soon** Chaplain **Maintenance Director** 



**Director of Culinary Nick Lange** 



**Tia Spencer Director of Housekeeping** 



# Age Magnificently



# Our Community's November 2024 Newsletter

Discover what's going on in our community.

# **Move In Anniversary**

Bonnie B. Nov 2017 Nov 2023 Dawn B. Allan & Kathy B. Nov 2022 Lori C. Nov 2020 Nov 2023 Marge E. Bonita G. Nov 2017 Dee H. Nov 2020 Nov 2019 Pat H. Roderick M. Nov 2022 Nov 2022 Andy Ma. Darlene M. Nov 2021 Buzz M. Nov 2019 Maggie R. Nov 2023 Michelle W. Nov 2020 Pat W. Nov 2020

## **Resident Birthdays**

11/1 Barbara P. 11/2 Klara V. 11/2 Andy Melendez 11/4 Pat M. 11/6 Andy Marshall 11/7 Tony S.

11/12 Joan E. 11/12 Doris K. 11/14 Marie T. 11/16 Lori C.

11/11 Marge B.



### **Staff Birthdays** 11/1 Bendu G. 11/9 Fanta P. 11/14 Allyson L.

11/23 Tammy K.







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#### **Meet the new Executive Director:**

I'm thrilled to step into the role of Executive Director and can't wait to connect with all of you! As a third-generation administrator, following in the footsteps of my grandmother and father, I've developed a deep passion for caring for others. My journey in long-term care began in 2015, and I proudly earned my degree from the University of Minnesota—Go Gophers!

In my free time, I love being outdoors with my family, whether we're hiking, enjoying time on the lake, or engaging in other outdoor adventures. I'm also a hockey enthusiast and enjoy cheering on my kids at their sporting events. Thank you all for the warm welcome during my first few weeks—I'm excited to be part of this community!

Best Regards,
Jason Hagemeyer, Executive Director

# Chaplain's Corner by Russell

Election season can be both exciting and stressful. No matter what your personal political leanings may be, elections highlight current problems and dilemmas, and are often accompanied by conflicts at a national, community, family and personal level. However, when you approach election season — whether it's by actively campaigning or hiding in the woods! — practicing self-care is essential for maintaining your mental health and well-being. With the 2024 General Election just around the corner you might be noticing shifts in your emotional or physical well-being. The good news is that there's still time to create a plan to take care of yourself and your community. May these tips below help you build a care toolkit for the upcoming election season.

Be mindful of your media consumption. Be intentional when sharing media. Create a list of things that bring you joy. Spend time in nature. Take care of your body. Focus on what you can control. Plan for election night. Prepare for uncertainty. Monitor your mental health.

#### **Quotes**

"Winning or losing of the election is LESS important than strengthening the country" (Indira Gandhi).

"We are a nation of many nationalities, many races, many religions bound together by a single unity, the unity of freedom and equality" (Franklin D. Roosevelt).

"We are only as strong as we are united, as weak as we are divided" (J.K. Rowling).

"The greatest strength of mankind rests in steadfast unity" (Jorie Nocole McDonald).

#### **Director of Health Services**

We are actively looking for a new Director of Health Services. Sarah Bladine will be our interim.

#### Maintenance

We are actively looking for a new Maintenance Director. James V. will be our interim.

#### **Business Office:**

Please note families must sign in upon entering the building and sign out when leaving. The sign-in/out binder is crucial for tracking who is in the building in case of an emergency. This process ensures everyone's safety and helps us account for all individuals during any unexpected situations. Please make sure to fill out the binder accurately each time you enter and exit the building.

Your cooperation is greatly appreciated! Welcome our new Admin Assistant, Jane A. who is working at the front desk!

#### Introduction:

My name is Jane (Alpers). I'm excited to be part of this community. My husband and I moved to Minneapolis from Seattle area in January 2021. I grew up in Sioux City Iowa. My favorite things are visiting my daughters who live out of state, I'm starting to learn to crochet, I love to walk and read. Stop by and say "Hi"!

#### **Sales & Marketing:**

"The shuffle underfoot, The gently falling leaves, The chimneys puffing woodsmoke, That scent the frosted breeze, The pumpkins in their patch, The cornstalks growing tall, The landscape slowly changing. From green to gold – it's fall!"

Fall is my favorite time of the year; the falls colors warm my heart! I love sweatshirt weather, bonfires, crisp walks with my dog "Ranger" caramel apples, apple cider donuts, hayrides with my grandson "Aiden" and apple cider with cinnamon sticks.

Please help us in welcoming the following residents to our community; Betty Wilson, Jan Catherwood, Joan E., Cathy J., and Karen C.

Make an old friend a new neighbor. If you know of anyone who would like to join our family here at Yorkshire, please have them reach out to Christy. We currently have a wait list for Independent Living and Assisted Living apartments. We have immediate openings in our Memory Care.

#### **Dining Director:**

My topics this month are dishes, silverware, napkins, glasses, and coffee cups. It is important to return these items that belong to your wonderful dining department. We are in great need of these important items back. If you are sitting with your lovely neighbor or even a friend. Please remind them of these things.

We will be starting our new fall and winter menu on November 3rd. We hope these menu items will bring great satisfaction to your dining experience. We always have our always available menu to bring alternative items to your needs. Thank you, Nick

#### **Community Life:** Upcoming Outings:

11/5/24: Voting at Southdale Library 11/6/24: Culver's (Memory Care Outing)

11/14/24: Trader Joes 11/18/24: Olive Garden

11/26/24: Target