


November 2024 - Independent Living and Assisted Living



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|---|
|  | B Bistro C Community Room CR Community Room DR Dining Room H Hobby Room TV 4th Floor in TV/Soda Shop WR Wellness Room | | | | 10:00 Exercise: Combo Class (weights, balance, balls) [CR] 1:00 The Really Big Show [CR] 2:30 Live Music: Gary [B] 3:00 Happy Hour [B] 6:00 Dominos Game [B] | 10:00 Giant Crossword [CR] 12:30 Rummikub Game [B] 2:00 Klara's 90th Bday Party & Live Music [B] 6:00 Kings in the Corner Card Game [B] |
| 10:00 Exercise with Lisa [CR] 3 1:30 Bingo [WR] | 10:00 Exercise: Weights [CR] 4 1:30 Bingo [WR] 2:45 Giant Crossword [CR] 6:00 99 Card Game [B] 7:00 Skipbo [B] | Election Day 5 10:00 Exercise with Lisa [CR] 1:00 Spark Challenge Deep Dive [CR] 2:15 Voting outing: sign-up at front desk 2:30 Communion Service by Chaplain Russell [C] 3:30 Watercolor painting [B] 6:00 Canasta [B] | 10:00 Exercise: Bands [CR] 6 1:00 Spark Challenge Competition [CR] 2:00 Resident Council [CR] 6:00 Kings in the Corner Card Game [B] | 10:00 Exercise: Balance [CR] 7 10:45 Bible Study [C] 2:00 Live Virtual Programming: Eleanor Roosevelt [CR] 3:30 Bingo [WR] 6:00 Rummikub [B] | 10:00 Exercise: Combo Class (weights, balance, balls) [CR] 8 1:00 The Really Big Show [CR] 2:30 Live Music: Michael Larson [B] 3:00 Monthly Birthday Party/Happy Hour [B] 6:00 Dominos Game [B] | 10:00 Giant Crossword [CR] 9 12:30 Rummikub Game [B] 1:15 Trivia [B] 2:30 Movie & Popcorn: Grown Ups [CR] 6:00 Kings in the Corner Card Game [B] |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|---|
| <p>10:00 Exercise 10 with Suzie [CR]</p> <p>1:30 Bingo [WR]</p> | <p>Veterans Day 11</p> <p>10:00 Exercise: Weights [CR]</p> <p>1:30 Bingo [WR]</p> <p>2:45 Veteran's Day Service [B]</p> <p>6:00 99 Card Game [B]</p> <p>7:00 Skipbo [B]</p> | <p>10:00 Exercise 12 with Lisa [CR]</p> <p>10:45 Grief Group [C]</p> <p>1:00 Spark Challenge Deep Dive [CR]</p> <p>2:15 Manicures [B]</p> <p>3:30 Painting Ceramic Turkeys [B]</p> <p>6:00 Canasta [B]</p> | <p>10:00 Exercise: 13 Bands [CR]</p> <p>1:00 Spark Challenge Competiti on [CR]</p> <p>2:30 Sip & Paint [H]</p> <p>6:00 Kings in the Corner Card Game [B]</p> | <p>10:00 Exercise: 14 Balance [CR]</p> <p>10:00 Catholic Communi on [WR]</p> <p>10:45 Spiritual Discussion [C]</p> <p>1:30 Trader Joes Outing: signup at front desk</p> <p>2:30 Tech For Seniors 2:30-4:30pm [WR]</p> <p>6:00 Rummikub [B]</p> | <p>10:00 Exercise: 15 Combo Class (weights, balance, balls) [CR]</p> <p>1:00 The Really Big Show [CR]</p> <p>2:30 Live Music: Joe [B]</p> <p>3:00 Happy Hour [B]</p> <p>6:00 Dominos Game [B]</p> | <p>10:00 Giant 16 Crosswor d [CR]</p> <p>12:30 Rummiku b Game [B]</p> <p>1:15 Trivia [B]</p> <p>2:30 Movie & Popcorn: Unbreakable [CR]</p> <p>6:00 Kings in the Corner Card Game [B]</p> |
| <p>10:00 Exercise 17 with Lisa [CR]</p> <p>1:30 Bingo [WR]</p> | <p>10:00 Exercise: 18 Weights [CR]</p> <p>11:00 Olive Garden Outing: signup at front desk</p> <p>1:30 Bingo [WR]</p> <p>2:45 Giant Crossword [CR]</p> <p>3:30 Manicures [B]</p> <p>6:00 99 Card Game [B]</p> <p>7:00 Skipbo [B]</p> | <p>10:00 Exercise 19 with Lisa [CR]</p> <p>10:45 Catholic Mass [TV]</p> <p>1:00 Spark Challenge Deep Dive [CR]</p> <p>2:30 Chef Chat [DR]</p> <p>3:30 Finish Painting Ceramic Turkeys or Watercolor Painting [B]</p> <p>6:00 Canasta [B]</p> | <p>10:00 Exercise: 20 Bands [CR]</p> <p>12:00 Lifespark Complete 12-1:30p m [C]</p> <p>1:00 Spark Challenge Competition [WR]</p> <p>2:00 Snacks from Housekeepin g [B]</p> <p>2:45 Karaoke [B]</p> <p>6:00 Kings in the Corner Card Game [B]</p> | <p>10:00 Exercise: 21 Balance [CR]</p> <p>10:45 Social Gathering [C]</p> <p>1:30 Knitting Club [B]</p> <p>2:30 Chair Yoga with Lisa [CR]</p> <p>3:30 Bingo [WR]</p> <p>6:00 Rummikub [B]</p> | <p>10:00 Exercise: 22 Combo Class (weights, balance, balls) [CR]</p> <p>1:00 The Really Big Show [CR]</p> <p>2:30 Live Music: Maxwell and Special Guest [B]</p> <p>3:00 Happy Hour [B]</p> <p>6:00 Dominos Game [B]</p> | <p>10:00 Giant 23 Crosswor d [CR]</p> <p>12:30 Rummiku b Game [B]</p> <p>1:15 Trivia [B]</p> <p>2:30 Movie & Popcorn: [CR]</p> <p>6:00 Kings in the Corner Card Game [B]</p> |

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|--|--|---|--|--|---|--|
| 10:00 Exercise with Suzie [CR] 24 | 10:00 Exercise: Weights [CR] 25 | 10:00 Exercise with Lisa [CR] 26 | 10:00 Exercise: Bands [CR] 27 | Thanksgiving Day 28 | Day after Thanksgiving Day 29 | 10:00 Giant Crossword [CR] 30 |
| 1:30 Bingo [WR] | 1:30 Bingo [WR] | 10:45 Thanksgiving Service by Chaplain Russell [CR] | 2:30 Resident & Director Meeting [CR] | 10:0 Exercise: Balance [CR] | 10:0 Exercise: Combo Class (weights, balance, balls) [CR] | 12:30 Rummikub Game [B] |
| | 2:45 Giant Crossword [CR] | 1:30 Target outing; signup at front desk | 3:00 Monthly Trivia Game [B] | 10:1 Catholic Communion [WR] | 1:00 The Really Big Show [CR] | 1:15 Trivia [B] |
| | 6:00 99 Card Game [B] | 2:15 Manicures [B] | 6:00 Kings in the Corner Card Game [B] | 10:4 Panel Discussion/ Hymn Singing [CR] | 2:30 Live Music: The Jupes (1 Hour) [B] | 2:30 Movie & Popcorn: [CR] |
| | 7:00 Skipbo [B] | 3:30 Watercolor painting [B] | | 2:30 Chair Yoga with Lisa [CR] | 3:00 Happy Hour [B] | 6:00 Kings in the Corner Card Game [B] |
| | | 6:00 Canasta [B] | | 3:30 Bingo [WR] | 3:30 Happy Hour [B] | |
| | | | | 6:00 Rummikub [B] | 6:00 Dominos Game [B] | |