



# Age Magnificently



**Jason Hagemeyer**  
Executive Director



**Lakia Gordon**  
Executive Director in  
Training



**Denise Nelson**  
Director of Health Services



**Leah Bowen**  
Assistant Director of  
Health Services



**Emily Hunt**  
Nurse Manager



**Christy Niemann**  
Director of Sales &  
Marketing



**Danielle Madison**  
Community Life Director



**Ajibola Ola**  
Memory Care Coordinator



## Our Community's January 2025 Newsletter

*Discover what's going on in our community.*



**Johnny Russell**  
Chaplain



**James Vest**  
Maintenance Director



**Arcides Garcia**  
Director of Culinary



**Tia Spencer**  
Director of Housekeeping

### Resident Birthdays

- 1/3 Lourise M.
- 1/8 Michelle W.
- 1/10 Merceil B.
- 1/13 Craig T.
- 1/15 Scott D.
- 1/17 Kathy R.
- 1/18 Karen M.
- 1/22 Linnea P.

### Move In Anniversary

- Audrey S.** Jan 2017
- Joyce D.** Jan 2017

### Staff Birthdays

- 1/1 Ladan A.
- 1/1 Warda I.
- 1/1 Pearlina M.
- 1/1 Ayan M.
- 1/6 Alice G.
- 1/10 Josephat N.
- 1/24 Imman Y.
- 1/25 Grace O.
- 1/25 Maria S.
- 1/30 Laquesha W.



Dear Residents,

As we prepare to welcome the New Year, we would like to take a moment to reflect on the wonderful memories we have shared together over the past year and look forward to the exciting opportunities that await us in the coming months.

The New Year is a time for renewal, hope, and new beginnings. It's an opportunity to embrace fresh experiences, make new connections, and continue growing together as a community. We are so grateful to have each of you as a part of our family here, and we are excited for all the moments we will share in 2025.

As we enter this new chapter, we encourage you to embrace the spirit of the New Year with optimism and enthusiasm. Whether it's trying something new, spending time with friends, or enjoying the comforts of your home, we are here to ensure you have all the support you need. Thank you for being such a vital part of our community. We wish you a Happy New Year filled with health, happiness, and countless blessings.

Warmest wishes, Jason

### Chaplain's Corner by Russell

#### Reflection

"You are never too old to set another goal or to dream a new dream." ~ C.S. Lewis  
The beginning of the year is often a time for resolutions and new ambitions. C.S. Lewis reminds us that it's never too late to chase our dreams and set new goals.

The New Year is a new chapter, filled with rich experiences, laughter, and meaningful connections - where every day is an opportunity to embrace the wisdom and joy of living life to the fullest.

- Positive outlook - Emphasizes the positive aspects of senior living, like new experiences and community building.
- Focus on personal growth - Highlights the potential for continued learning and development in later life.
- Community emphasis - Underscores the importance of connection and belonging within the senior living space.
- New beginnings - January is a time to reset, recharge, and focus on what's important and what truly matters.
- Look to the future - January is a time to look forward to learning more and filling your days with experiences to look back on.

#### Utilize the Opportunity to:

- Celebrate life's journey together, where age is just a number, and living is an art.
- Embrace the wisdom, share the laughter, and thrive in community. Every day is a new adventure, and we're here to enjoy it together.
- Set goals: Take the new year day by day, goal by goal.
- Be kind: Remember to be nice and kind to others.
- Be open to change: Life is change, and the new year is a chance to get it right.
- Be positive: Try to bring balance to your life by letting positive influences outweigh the negative.

#### Sales & Marketing:

Please help us in "Welcoming" Shirley and Robert O'Brien, Nadine and Steve Jacobson, and Carol Kappes to our Yorkshire Family.

As we begin this new year, I would like to say a special thank you to our staff and leadership team for all that they do for our community, residents, and each other.

#### "Thank You"

It's easy to overlook the impact We have on others, but the truth Is, your influence is far-reaching. You've made a profound Difference in the lives of those Around you, touching hearts and Inspiring minds in ways you may Not even realize. Your kindness And compassion made a world of Difference to those around you. Keep shining your light and making a difference in the world.



Here is wishing you all a very happy new year!

#### Community Life:

#### Upcoming Outings:

- |               |                              |
|---------------|------------------------------|
| 1/2 Target    | 1/9 Perkins                  |
| 1/16 Walmart  | 1/14 Bachman's (Memory Care) |
| 1/22 Como Zoo | 1/ 29 Trader Joes            |

We are starting our new Spark Competition which is the TRYathlon. We will compete against other Lifespark buildings via video call. Competitions are Tuesdays at 1pm arm & leg crank and Thursday at 1pm whizzer (walking/running relay). We want YOU on our team! Scrimmage starts Jan 14 & 16 in the Community Room (window room on 1st floor). Please tell Danielle or front desk if you want to be on the team. See you there!

