



Age Magnificently



Jason Hagemeyer
Executive Director



Lucas Bremseth
Executive Director in
Training



Kayla Germain
Interim Director of Health
Services



Coming Soon
Assistant Director of
Health Services



Our Community's Nov 2025 Newsletter

Discover what's going on in our community.



Emily Hunt
Nurse Manager



Christy Niemann
Director of Sales &
Marketing



Danielle Madison
Community Life Director



Ajibola Ola
Memory Care Coordinator

Resident Birthdays

- 11/1 Barbara P.
- 11/2 Carolyn R.
- 11/2 Klara V.
- 11/6 Andy M.
- 11/7 Tony S.
- 11/12 Doris K.
- 11/13 Bruce B.
- 11/14 Marie T.
- 11/15 Carol K.
- 11/16 Lori C.
- 11/16 Joyce D.

Staff Birthdays

- 11/8 Augustus D.
- 11/15 Kim S.
- 11/23 Tammy K.



Johnny Russell
Chaplain



James Vest
Maintenance Director



Arcides Garcia
Director of Culinary



Tia Spencer
Director of Housekeeping



Hello residents of Yorkshire, we are heading into one of my favorite times of the year, fall. With the chang of another season we also have some changes coming here at Yorkshire. The first big change is that we will have a new DHS starting on November 18th. Lisa is coming to Yorkshire with 20 years of experience in senior living and we are very excited she decided to join the team here. This also means that Kayla will be moving onto her next contract. I would like to thank her for all the help and guidance she has proved in her time here while we searched for the right DHS candidate. We wish her the best in her next assignment. We also have a new nurse that is starting on October 30th, Brigitte. Brigitte is coming with over 20 years of experience as a nurse. Be sure to say hi when you see her. Let's all have a great November and remember that Christmas is right around the corner.

Thank you, Jason Hagemeyer

Department Updates

Business Office:

Hello everyone! I wanted to share a quick update as I wrap up my first month here at Yorkshire of Edina. It’s been such a pleasure getting to know so many of you—whether it’s chatting in the dining room, joining in on activities, or participating in the Spark Challenge, I’ve truly enjoyed becoming part of this wonderful community.

We’re currently looking to welcome a few new faces to our team, including a daytime nurse, three daytime resident assistants, an evening nurse, and an overnight resident assistant. These roles are essential in helping us continue to provide the care and support you deserve, and we’re excited to find the right people who share our passion for senior living.

Thank you all for making this such a welcoming and inspiring place to be. I’m looking forward to the months ahead and all the great moments we’ll share together!

Sales & Marketing:

We’re delighted to have you join our family. May your days here be filled with comfort, joy, and new friendships. You’re home now – and we’re so glad you’re part of our community. On behalf of the entire Team and Residents here at Yorkshire of Edina , we extend a warm welcome to you all. Marian, Judith, JoAnne, Ruth, Jackie, Robert, and Anna Lee

There’s nothing like the crisp autumn air and the colorful leaves crunching beneath our feet. Residents and staff have been enjoying walks outdoors, seasonal treats, and the cozy comforts that make this time of year so special.

Community Life: Upcoming Outings and Special Events:

11/5: Target Outing, 11/10: Dollar Tree Outing, 11/11: Snuffy's Malt Shop (Legacy Court), 11/12: Sip & Paint, 11/13: Richfield Silver Notes Concert, 11/17: Bachman's & Patrick's Cafe Outing, 11/18: Music Concert w/ Brad (Legacy Court), 11/19: Live Music - Gabe (Violinist), and 11/24: Snuffy's Malt Shop Outing.

Our community is built on the shared wisdom and compassion of both residents and staff. In this vibrant community, each day is a tapestry woven with countless individual stories and shared experiences. As residents, you bring with you a lifetime of wisdom, resilience, and unique perspective. As staff, you bring your compassion, energy, and dedication. This reflection invites both groups to find common ground in the present moment, recognizing that everyone's spiritual and emotional well-being is an essential part of our shared life here.

Mindfulness: The art of being present

To be “mindful” means having an attentive awareness of God's presence, commands, and works, often using the Hebrew word zakar for "remember". It involves actively focusing on God's will and remembering His faithfulness through practices like prayer, meditation on scripture, and self-examination. Mindfulness is about paying attention to the present moment without judgment. It is a spiritual discipline that aims to reduce anxiety by being grounded in God's care, leading to a more peaceful and purposeful life.

During a focused meditation

- Start the day with prayerful awareness, asking for help to remain mindful and meditating on a favorite verse or quote. Practice gratitude.
- Pause to engage the gift of your senses given by God. Notice the colors in a painting, the texture of a blanket, or the warmth of your morning tea. Be Appreciative.
- Be mindful in your interactions by listening attentively to others and showing them compassion.
- Respond to stressful moments: by using focused breathing and reciting a calming verse like Psalm 46:10: "Be still, and know that I am God".
- Acknowledge God's presence, recognizing that you are in His presence. Focus on your breath or choose a "sacred word" like "peace, love, joy" to use as a prompt.
- Gratitude journaling: Keep a daily record of three things for which you are thankful to God. This practice helps shift focus from worries to blessings.

Spirituality: A sense of connection

Spirituality is a search for meaning and purpose, connecting us to God, a higher power, or something greater than ourselves. For some, this is rooted in a specific faith; for others, it is found in nature, art, or human connection.

• Residents: Reflect on the wisdom gained throughout your life. Sharing your stories and memories with others can give new meaning to your experiences and strengthen your sense of self. The resilience you showed through past struggles was a testament to God's presence, and that strength is still a part of who you are.

• Staff: Your work is a form of spiritual practice. Every act of compassion, every moment of patience, and every shared laugh with a resident is a gift for yourself. Your service provides purpose and meaning. Your dedication cultivates a caring and uplifting atmosphere for the entire community.