



**Yorkshire  
of Edina**  
A Lifespark Community

# Age Magnificently



## Our Community's May 2026 Newsletter

*Discover what's going on in our community.*

### Residents

5/19 Barbara S.  
5/24 Bonnie B.  
5/26 Sandy K.  
5/26 Lori M.  
5/30 Myrtle S.

### Staff Birthdays

5/6 Madhuri K.  
5/6 Charles E.  
5/10 Maggie L.  
5/17 Jamiya B.  
5/23 Corinthian R.  
5/30 Lucas B.

### Mother's Day Lunch

Sun, May 10

11:30am-1pm

Bbq pork ribs

Roast turkey

Gravy

Garlic mashed potatoes

California blend

Dinner rolls

Assorted cheese cake

Fruit tray

\$12 per guest

We no longer accept cash. We have to charge it to resident's account. See Front Desk for meal ticket.

**Happy Mother's Day** 🎉




# Department Updates

## **Marketing & Sales:**

### **A Spring Welcome**

As flowers bloom and all grow bright,  
We welcome you with warmth and light.  
A season of renewal is in the air,  
A time for connection, kindness, and care.  
Fresh blossoms line each winding way,  
Inviting smiles with every day.  
Neighbors gather, friendships grow,  
Like petals dancing, soft and slow.  
May this season bring you cheer,  
A sense of home that's always near.  
With open hearts, we're glad you're here—  
Welcome to spring, and welcome here.



**“Welcome to our Yorkshire  
Family and Community”**

Janice and Nancy

## **Nursing Department**

### **Advocating for Yourself: Residents' Rights in Healthcare**

At our community, your voice matters—always. Every resident has the right to make informed decisions about their care, including the right to accept or refuse medications and services. Advocacy doesn't have to be complicated; sometimes it simply means asking questions, sharing how you feel, or speaking up if something doesn't seem quite right. Our nursing team is here to support those conversations and ensure you feel comfortable, respected, and heard every step of the way.

We also encourage residents and families to stay engaged in care decisions. If you have questions about medications, routines, or changes in your health, please don't hesitate to ask. There are no “silly” questions when it comes to your well-being—only important ones. Open communication helps us provide the safest and most personalized care possible (and we promise, we actually like being asked questions!).

Advocating for yourself is a sign of strength and awareness, not inconvenience. Whether it's requesting a change, asking for clarification, or simply wanting a little extra reassurance, we're here for it. Your comfort, safety, and confidence in your care are always our top priorities—and we're proud to partner with you in making that happen.

## **Dining Department:**

Hello, in the food service department we hired a new server and we rolling out the summer menu on may 3rd, we are offering waffles now.

Thank you, Arcides Garcia

## Department Updates

### **Community Life:**

#### March Outings

- 5/6: Dave's Hot Chicken
- 5/12: Dave's Hot Chicken  
(Legacy Court)
- 5/14: Twins Game
- 5/19 Aldi Grocery Store
- 5/28: Bachman's

### **Family Council**

May 28 5:30-6:30pm  
In the Community Room

### **Update:**

We are excited to announce that we will be switching over to a new activity app called, TSOLife starting May 1. This will replace the Quiltt app. Community Life is currently training on the new platform and setting it up which may take some time. As soon as we are ready to launch the platform to families & residents we will send out more information. We appreciate your patience.

## Executive Director Corner

Dear Residents,

We're excited to share that Tenzin, who many of you know as a nursing assistant, has been promoted to our evening RN role. Congratulations to Tenzin on this well-deserved next step.

It's also been great to see the energy and participation around our new Robot Soccer Spark Competition, bringing joy and smiles to our community. With the warmer weather, we're also looking forward to more outdoor activities and time spent enjoying the season together.

You may have also noticed the recent opening of Dave's Hot Chicken iust across the street, another fun addition to the neighborhood.

Our team continues to do a great job, and staffing levels remain strong and consistent, helping us provide the quality of care and service you expect every day.

Sincerely,  
Lucas Bremseth  
Executive Director



## Chaplain's Corner

In April, our community had a memorial service in which we recognized and honored the lives and the memories of our community members who have recently died. Recognizing endings and acknowledging the associated feelings can help us process change. And loss is not only about death. It is also about the quiet accumulation of goodbyes: to routines, to roles, to independence, to friends who once filled the table. Yet within this tender space, there is also a sacred invitation to honor what has been, and to gently bless what is still becoming.

The Irish poet John O'Donohue offers a blessing titled "For Absence" that speaks into such moments:

"May you know that absence is alive with hidden presence, that nothing is ever lost or forgotten.

May the absences in your life grow full of eternal echo.

May you sense around you the secret Elsewhere where the presences that have left you dwell.

May you be generous in your embrace of loss.

May the sore well of grief turn into a seamless flow of presence.

May your compassion reach out to the ones we never hear from.

May you have the courage to speak for the excluded ones.

May you become the gracious and passionate subject of your own life.

May you not disrespect your mystery through brittle words of false belonging.

May you be embraced by God in whom dawn and twilight are one.

May your longing inhabit its dreams within the Great Belonging."

Even now, there is a quiet courage in allowing ourselves to feel, to hope, and to remain open to small renewals—a conversation, a shared meal, a moment of beauty.

In this community, no one walks alone. Each story matters. Each transition, though difficult, is held within a larger circle of care. Together, we make space for sorrow and for gratitude, trusting that even in change, something meaningful continues to unfold.

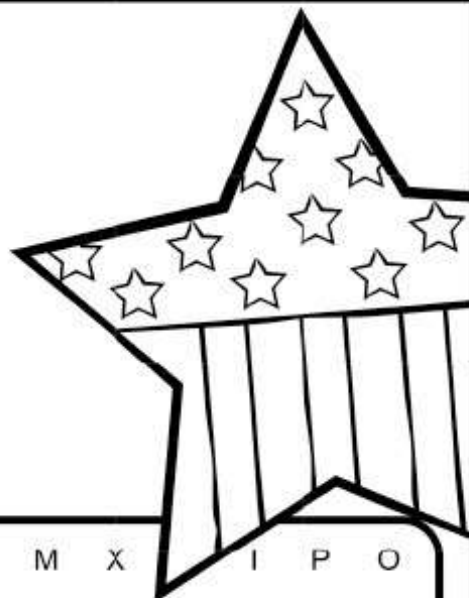
# Making Memories



Name: \_\_\_\_\_

# MEMORIAL DAY

## Word Search



Can you find the words in the word search below?  
They can be horizontal or vertical, and forward or backward.

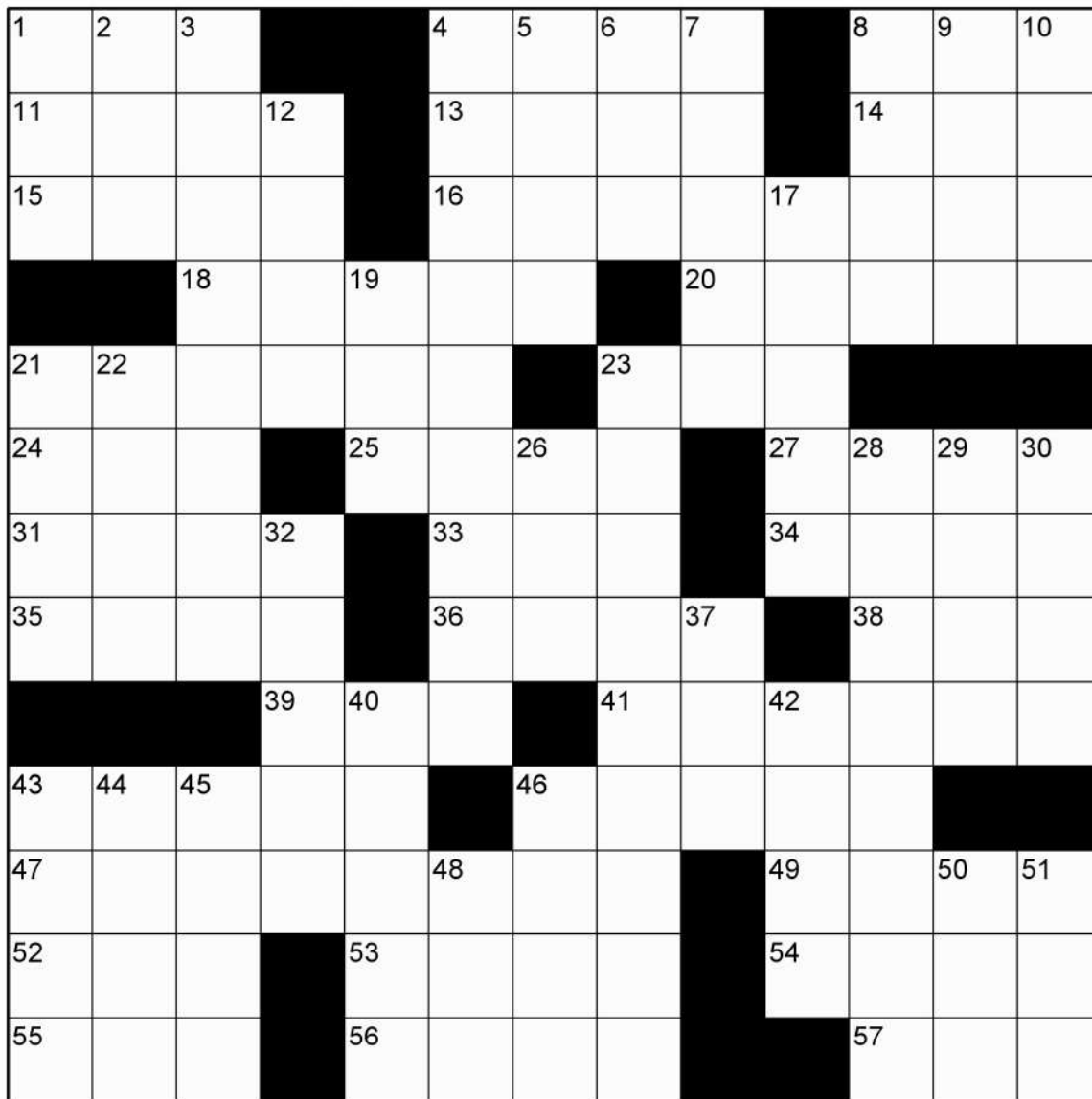
A	K	C	A	B	A	L	R	Z	P	O	L	R	R	M	X	I	P	O	
S	E	O	R	E	H	G	D	I	S	R	C	H	E	B	S	R	X	A	E
D	S	O	L	C	X	B	E	A	I	G	E	C	M	A	O	Y	P	T	S
I	A	R	N	R	L	A	Y	G	N	U	M	E	E	N	L	A	E	R	C
N	M	A	A	S	C	H	T	B	M	R	E	D	M	E	D	D	P	I	I
E	E	H	E	M	O	N	U	M	E	N	T	N	B	P	I	N	G	O	A
C	R	O	Y	Y	U	L	E	F	M	P	E	L	E	U	E	U	A	T	S
A	I	N	D	E	R	S	R	J	O	I	R	L	R	A	R	M	S	I	N
N	C	T	J	R	A	L	A	N	R	O	Y	A	B	Y	L	I	G	C	A
K	A	M	S	E	G	O	R	X	I	E	W	R	T	C	E	P	S	E	R
E	L	C	T	U	E	E	Y	P	A	D	G	N	A	C	E	M	B	U	E
M	N	R	A	Y	M	H	C	F	L	A	G	A	R	E	A	I	U	N	T
K	S	T	R	I	P	E	S	S	O	I	T	D	F	N	L	L	R	S	E
N	D	U	S	P	F	N	I	G	E	C	I	F	I	R	C	A	S	L	V



memorial  
flag  
monument  
veterans  
cemetery

heroes  
sacrifice  
courage  
America  
respect

remember  
stars  
stripes  
patriotic  
soldier



**ACROSS**

- 1. Concealed
- 4. Police informer
- 8. To and -
- 11. Agave
- 13. Double curve
- 14. Thrash
- 15. Prefix, ten
- 16. Note well
- 18. German, war
- 20. Coach
- 21. Former name of Sri Lanka
- 23. Pressure symbol
- 24. Room within a harem
- 25. American state
- 27. Distant
- 31. Singer, - Lynn
- 33. Revised form of Esperanto
- 34. Car registration (Colloq)
- 35. Finishes
- 36. Pitch
- 38. Assist

- 39. Arid
- 41. Eternal (Poet)
- 43. Weird
- 46. Plunges knife into vegetable
- 47. Green flower
- 49. Predict
- 52. Lubricant
- 53. Smart - , show-off
- 54. Smoke combined with fog
- 55. Born
- 56. Church benches
- 57. Work unit

**DOWN**

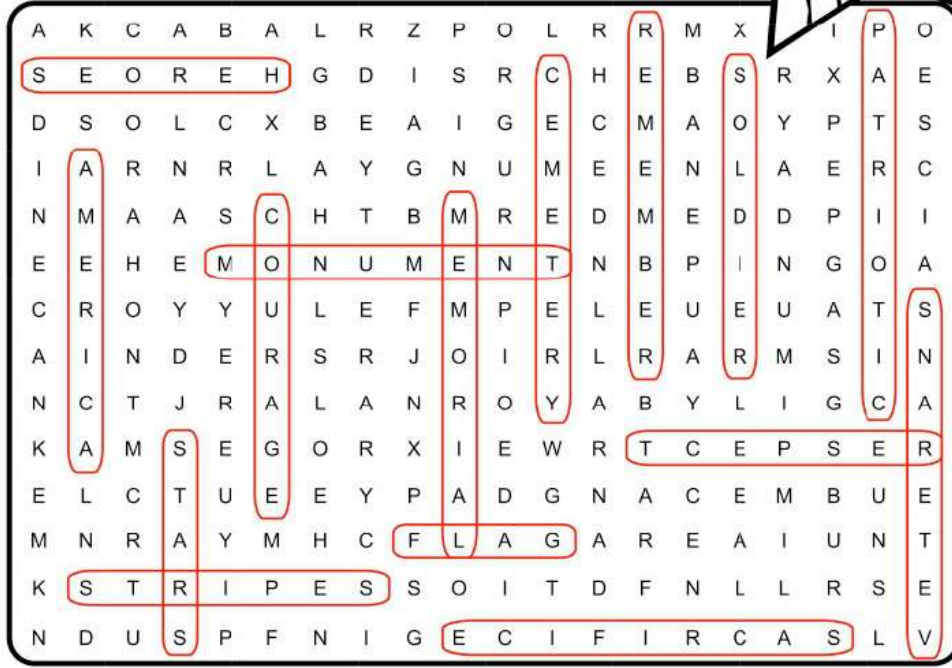
- 1. Possessed
- 2. Island (France)
- 3. Establishment where ships are built
- 4. A nobody
- 5. Eager
- 6. Soak flax
- 7. English poet
- 8. Parasitic insect
- 9. Indian queen

- 10. Portent
- 12. Nobleman
- 17. Wild rose
- 19. Acknowledgement of debt
- 21. Bay
- 22. Paradise
- 23. Study of speech sounds
- 26. Fuss
- 28. Frightening
- 29. Against
- 30. Travelled on
- 32. Early form of sonar
- 37. Greek letter
- 40. Sum up
- 42. Wanes
- 43. Black
- 44. A Great Lake
- 45. Part played
- 46. Swing to the side
- 48. Bullfight call
- 50. Beetle
- 51. Ovum

# Puzzle Solutions

## Word Search

Can you find the words in the word search below?  
They can be horizontal or vertical, and forward or backward.



H	I	D			N	A	R	K		F	R	O	
A	L	O	E		O	G	E	E		L	A	M	
D	E	C	A		N	O	T	A	B	E	N	E	
		K	R	I	E	G			T	R	A	I	N
C	E	Y	L	O	N		P	S	I				
O	D	A		U	T	A	H		A	F	A	R	
V	E	R	A		I	D	O		R	E	G	O	
E	N	D	S		T	O	N	E		A	I	D	
			D	R	Y		E	T	E	R	N	E	
E	E	R	I	E		S	T	A	B	S			
B	R	O	C	C	O	L	I		B	O	D	E	
O	I	L		A	L	E	C		S	M	O	G	
N	E	E		P	E	W	S		E	R	G		

# Your Leadership Staff



**Lucas Bremseth**  
Interim Executive  
Director



**Lisa Maseseh**  
Director of Health Services



**Lisa Smit**  
Assistant Director of  
Health Services



**Christy Niemann**  
Director of Sales & Marketing



**Emily Hunt**  
Nurse Manager



**Danielle Madison**  
Community Life Director



**Ajibola Ola**  
Memory Care Coordinator



**Tia Spencer**  
Director of Housekeeping



**Nikki Murray**  
Chaplain



**James Vest**  
Maintenance Director



**Arcides Garcia**  
Director of Culinary